

Menu/Price List

Treatments suitable for both men & women

BODY

Massage

A unique blend of techniques. Long flowing strokes, stretching. Soft and deep tissue work to relieve soreness and tension from the body and mind. I work intuitively to customise this healing session just for you. Let go of tension and stress. Feel blissfully relaxed, whole and completely nurtured.

Half hr - \$40
1 hr - \$80
1.5 hrs - \$105

Exotic Lime and Ginger Body Scrub

A great cleanse and detox for the body's largest organ, the skin.
A zesty and enlivening full body exfoliation using fresh ingredients, followed by a heavenly massage. Your skin will feel smoother and softer than ever before. A great detox for the body, mind and spirit.

1 hr - \$80
1.5hrs- \$105 (includes 1 hour massage)

*Other blends available and can be discussed prior to your treatment.

The Treat

Try this amazingly indulgent combination to balance you and bliss you out.

A floral foot bath and salt scrub, foot and lower leg massage, hand and arm massage and a divine scalp, neck and shoulder massage will melt away tension leaving you feeling balanced, relaxed and energised.

1 hr \$80

SOUL

Esoteric Healing

Begins with a traditional body palming sequence to relax the body and quiet the mind. Emphasis is on balancing the chakras and subtle energies using gentle pressure techniques and the "laying on of hands". A journey inside the self to provide deep relaxation and feelings of peace and tranquillity.

.5hr \$40
1 hr \$80

Kinesiology

Uses the body's innate healing wisdom to gain accurate information about the body via muscle testing. The body then chooses its own correction which involves body, mind and or spirit. A perfect tool to use in conjunction with attaining your goals.

1 - 1.5 hrs \$90

Australian Bush Flower Essences

Have a tincture prepared especially for you. These flower essences are subtle yet powerful aids which support and assist you in having clarity and courage whilst staying focussed on achieving your goals.

Consultation and Tincture \$30

Reiki

A Japanese technique for stress reduction and relaxation which also promotes healing. Reiki creates a beautiful dreamlike state... An experience which is deeply healing and quite magical. (Master level Practitioner)

1 hr \$80
.5 hr \$40



reconnect
with your self

FACE

Dream Facial

More than a facial..begins with traditional body palming sequence. Wholesome, organic skincare products will deep cleanse and nourish your skin. A heavenly neck, shoulder and facial massage will bliss you out. Feel fresh, energised and beautiful. Includes an eyebrow tidy and your choice of hand or foot massage.

1 hr \$80

Luscious Facial

A multi layered facial - A floral foot soak and heavenly back massage will melt away any tension. Your skin is deep cleansed and exfoliated with beautiful, organic products; a mask is chosen for you. An eyelash tint and eyebrow tidy will open up the eyes. The neck, shoulders, face and scalp are soothed by massage as are the feet and hands. A truly divine experience which leaves the skin and your whole being feeling fresh and new.

1.5 hrs - \$105

HANDS & FEET

Foot Heaven Pedicure

A luxurious hour for you to lay down and completely let go of the outside world. Concentrates on perfect toe nails and polish, a replenishing foot scrub, floral foot soak, delicious massage and mask. A beautiful ritual well worth experiencing.

1 hr \$75
1.5 hrs - \$105 (add a shape and paint for hands and a scalp massage)

Restful Manicure and Hand Therapy

An exotic treatment for the hands and arms. Includes a coconut milk soak and exfoliation, hydrating mask and massage as well as a full nail treatment and polish. All while you lay down and have a well deserved rest.

3/4 hr - \$65

Grooming/Add-ons

Lash tint \$14
Brow tint \$7
Lash and Brow tint \$18
Brow design \$15 (tidy \$9)
All of the above \$28
Floral foot soak with scrub & foot massage \$35
Shape and paint nails \$22
Shape and paint toes \$32
Luxurious warm oil treatment for hair, scalp, neck & shoulders. \$35
Reiki taster \$10 (15 mins)

PACKAGES

Choose from pre existing or we can make up a package to suit you.

Rejuvenation Package:

- Exotic Lime and Ginger Body Scrub with massage
 - Dream Facial mini
- 1.5 hrs - \$110

Reconnect Package:

- Floral Foot Soak
- 1 Hour Massage
- Dream Facial
- Scalp Massage

2.25 hrs - \$180

The Goddess Package (can be adapted for men)

- Dry Skin Brushing
- 1 Hour Massage
- Dream Facial
- Pedicure
- Shape and Paint for Hands
- Eyebrow Shape & Tint
- Eyelash Tint

3.25 hrs - \$270